



Using the Wii Balance Program to Help Patients Recover

Every patient's balance condition is evaluated by our professional staff and a customized program is developed to meet the patient's specific recovery goals. By adding the Wii Fit™ and Wii Fit Plus™ to a patient's rehab program, Tri-Rehab teaches patient's of all ages that balance exercises can be enjoyable. By utilizing the balance board for games such as Table Tilt™, Tightrope walk™ and Segway Circuit®, patients become so mentally involved in the game that they don't realize they are training their bodies for improved coordination, strength and endurance. When an exercise program is fun and can be shared with friends and family, the success rate is huge!

Mary E. Smith, a recent patient at Tri-Rehab said, "I have fallen numerous times lately and have had some balance issues. My overall balance and confidence have improved greatly and I look forward to continuing my exercises with Tri-Rehab's Fit for 60 Program."

In Michigan, every patient must have a prescription for rehab from their physician. A patient has the choice to go where they know they will get the best treatment for their specific goals. At Tri-Rehab, your insurance coverage will be verified and your first appointment will be scheduled within 24 hours.